

**IV XORNADA CIRCUITO CORUÑA CORRE**

**F. Inicio** 21/05/2022 **F. Fin**

##### Nº Jornadas

1

**INSCRITOS/AS**

**200m MASC. AL\_ABM**

| Marca    | Licencia   | Nombre                      | Nac. | Año | Club                         | Fecha      | Lugar                 | Dorsal | MMP   | MMT   |
|----------|------------|-----------------------------|------|-----|------------------------------|------------|-----------------------|--------|-------|-------|
| 00:22.26 | GA 2023486 | TOME LOPEZ, PABLO           | ESP  |     | 1 Coruña Comarca             | 06/06/2021 | O BARCO DE VALDEORRAS |        | 22.26 |       |
| 00:22.42 | GA 536     | LIRES SABORIDO, XABIER      | ESP  |     | 2 Marineda Atletico          | 13/06/2021 | MADRID                |        | 22.42 | 22.73 |
| 00:24.68 | GA 224     | GALAN MENDEZ, JAVIER        | ESP  |     | 4 Club Atletismo Sada        | 06/05/2022 | LA CORUÑA             |        | 24.68 | 24.68 |
| 00:24.72 | AG 13843   | VAAMONDE ESTEVEZ, DAVID     | ESP  |     | 4 Marineda Atletico          | 07/05/2022 | LA CORUÑA             |        | 24.72 | 24.72 |
| 00:25.09 | GA 768977  | DAPENA VILLAVERDE, SANTIAGO | ESP  |     | 83 SD Compostela Atletismo   | 29/05/2021 | PONTEVEDRA            |        | 24.41 | 25.13 |
| 00:26.39 | GA 765538  | MIGUEZ SANCHEZ, FERNANDO    | ESP  |     | 68 Club Atletismo Sada       | 07/05/2022 | LA CORUÑA             |        | 26.35 | 26.39 |
| 00:28.64 | GA 2023571 | CANTUA GUARDIOLA, FELIX     | ESP  |     | 62 Club Atletismo Sada       | 06/05/2022 | LA CORUÑA             |        | 28.64 | 28.64 |
| 00:29.89 | AG 13691   | MOURO CIVES, JOSE MANUEL    | ESP  |     | 6 Marineda Atletico          | 07/05/2022 | LA CORUÑA             |        | 29.89 | 29.89 |
|          | GA 19785   | ABALDE COSTAS, DAVID        | ESP  |     | 94 S.G. Pontevedra           |            |                       | 22.50  | 21.70 |       |
|          | GA 19877   | GARCIA GONZALEZ, JAIME      | ESP  |     | 97 Club Atletismo Naron      |            |                       |        | 24.59 |       |
|          | GA 765376  | LOUREIRO MASEDA, IMANOL     | ESP  |     | 76 Riazor Coruña             |            |                       |        |       |       |
|          | GA 863     | POLO FREIRE, ENRIQUE        | ESP  |     | 7 Club Atletismo Sada        |            |                       |        |       |       |
|          | GA 781     | PORTELA MÉNDEZ, HECTOR      | ESP  |     | 7 Sociedad Atletica do Trega |            |                       |        |       |       |
|          | AG 2020389 | SALGUEIRO MONTERO, JAIRO    | ESP  |     | 0 Riazor Coruña              |            |                       |        | 25.27 |       |
|          | GA 846     | SANTOS GARCIA, MARTIN       | ESP  |     | 7 Club Atletismo Sada        |            |                       |        |       |       |
|          | AG 9968    | VARA CHIMENO, GERMAN        | ESP  |     | 99 La Mochila del Deporte    |            |                       |        |       |       |

**800m MASC. AL\_ABM**

| Marca    | Licencia   | Nombre                         | Nac. | Año | Club                      | Fecha      | Lugar      | Dorsal | MMP     | MMT     |
|----------|------------|--------------------------------|------|-----|---------------------------|------------|------------|--------|---------|---------|
| 01:55.38 | GA 19785   | ABALDE COSTAS, DAVID           | ESP  |     | 94 S.G. Pontevedra        | 16/06/2021 | PONTEVEDRA |        | 1:55.38 | 1:57.37 |
| 01:57.91 | GA 242     | PERNAS BENITO, CARLOS          | ESP  |     | 3 Marineda Atletico       | 09/04/2022 | LA CORUÑA  |        | 1:57.91 | 1:57.91 |
| 01:59.21 | AG 2028067 | BLANCO PEREZ, ADRIAN           | ESP  |     | 88 Marineda Atletico      | 18/07/2021 | VIGO       |        | 1:59.21 |         |
| 01:59.49 | GA 19877   | GARCIA GONZALEZ, JAIME         | ESP  |     | 97 Club Atletismo Naron   | 05/02/2022 | PONTEVEDRA |        | 1:59.49 | 1:59.49 |
| 01:59.81 | GA 463     | SALIDO JOVE, BRUNO             | ESP  |     | 3 Club Atletismo Sada     | 06/05/2022 | LA CORUÑA  |        | 1:59.81 | 1:59.81 |
| 02:01.52 | GA 766171  | RODRIGUEZ PUENTE, XIAN         | ESP  |     | 92 Marineda Atletico      | 09/04/2022 | LA CORUÑA  |        | 1:57.25 | 2:01.52 |
| 02:06.50 | AG 2022550 | SÁNCHEZ RUÍZ, JOSÉ GUILHERMO   | ESP  |     | 4 Riazor Coruña           | 22/01/2022 | LUGO       |        | 2:06.50 | 2:06.50 |
| 02:07.19 | AG 764990  | HERMIDA CHOUZAS, MANUEL        | ESP  |     | 4 Riazor Coruña           | 17/05/2021 | LA CORUÑA  |        | 2:07.19 | 2:10.80 |
| 02:21.23 | AG 6405    | BARREDO GOMEZ, ANTONIO         | ESP  |     | 3 Marineda Atletico       | 09/05/2021 | LA CORUÑA  |        | 2:21.23 |         |
|          | AG 2019610 | ALVAREZ RODRIGUEZ, JESUS MARIA | ESP  |     | 72 Coruña Comarca         |            |            |        | 2:05.49 |         |
|          | AG 2018911 | LÓPEZ EIROA, SIMON             | ESP  |     | 74 ATLETAS DE ACEA DE AMA |            |            |        |         |         |
|          | AG 2023640 | RAÑA RECOUSO, AMANCIO          | ESP  |     | 83 CA Tambre              |            |            |        |         |         |
|          | AG 2018642 | REY QUINTELA, EDUARDO          | ESP  |     | 71 ATLETAS DE ACEA DE AMA |            |            |        |         |         |
|          | AG 2020002 | RODRIGUEZ MOURE, JOSE MANUEL   | ESP  |     | 67 Coruña Comarca         |            |            |        | 2:05.32 |         |

**1.000m MASC. AL\_ABM**

| Marca    | Licencia | Nombre                        | Nac. | Año | Club                          | Fecha      | Lugar      | Dorsal        | MMP     | MMT     |
|----------|----------|-------------------------------|------|-----|-------------------------------|------------|------------|---------------|---------|---------|
| 02:38.94 | GA 338   | DIAZ FERNANDEZ, ASHEBER       | ESP  |     | 7 Viguesa de atletismo        | 14/05/2022 | LUGO       |               | 2:38.94 | 2:38.94 |
| 02:43.59 | GA 870   | PRADA MAROÑO, IAGO            | ESP  |     | 7 INDEPENDIENTE               | 07/05/2022 | LA CORUÑA  |               | 2:43.59 | 2:43.59 |
| 02:44.52 | GA 566   | SIERPES PEREIRA, ALEX         | ESP  |     | 8 Sociedade Atletica do Trega | 16/10/2021 | GIJÓN      | 2:43.39 Braga | 2:44.52 |         |
| 02:50.39 | GA 369   | PICOS GALCERAN, JAVIER        | ESP  |     | 8 Marineda Atletico           | 09/04/2022 | LA CORUÑA  |               | 2:50.39 | 2:50.39 |
| 02:56.22 | AG 8143  | CAMESELLE JUIZ, PAULO         | ESP  |     | 7 La Mochila del Deporte      | 14/05/2022 | LUGO       |               | 2:56.22 | 2:56.22 |
| 02:57.93 | GA 555   | VILLAR SAAVEDRA, GABRIEL      | ESP  |     | 8 Marineda Atletico           | 19/12/2021 | OURENSE    |               | 3:01.43 | 3:01.43 |
| 03:00.22 | GA 567   | SIERPES PEREIRA, CHRISTIAN    | ESP  |     | 7 Sociedade Atletica do Trega | 27/02/2021 | PONTEVEDRA | 2:48.91 Braga | 3:00.22 |         |
| 03:03.90 | AG 14838 | LOPEZ DIAZ, BERKET            | ESP  |     | 7 AD Fogar                    | 12/03/2022 | PONTEVEDRA |               | 3:03.90 | 3:03.90 |
| 03:04.27 | GA 774   | LAVANDEIRA RODRIGUEZ, IKER    | ESP  |     | 8 Coruña Comarca              | 26/06/2021 | VIGO       |               | 3:04.27 |         |
| 03:09.67 | AG 14350 | GARCIA GARCIA-BOENTE, ENRIQUE | ESP  |     | 10 Atletica Lucense           | 03/04/2022 | LUGO       |               | 3:09.67 | 3:09.67 |

|          |            |                        |     |                     |                      |      |         |
|----------|------------|------------------------|-----|---------------------|----------------------|------|---------|
| 03:54.19 | AG 2022259 | PRADA MAROÑO, LUCAS    | ESP | 9 COMPAÑIA DE MARIA | 17/05/2021 LA CORUÑA |      | 3:54.19 |
|          | AG 11146   | ABELENDA SUAREZ, SAUL  | ESP | 9 AD Fogar          |                      | 3.30 |         |
|          | AG 13674   | NUÑEZ MUÑOZ, MICHEL    | ESP | 8 AD Fogar          |                      | 3.05 |         |
|          | AG 2023640 | RAÑA RECOUSO, AMANCIO  | ESP | 83 CA Tambr         |                      |      |         |
|          | AG 11115   | REINO BARREIRO, MANUEL | ESP | 10 AD Fogar         |                      | 3.15 |         |
|          | GA 556     | VILELA NUÑEZ, IGNACIO  | ESP | 8 Marineda Atletico |                      |      | 3:44.14 |
|          | AG 2017378 | ZAS PEREZ, ADRIAN      | ESP | 8 Marineda Atletico |                      |      | 3:51.75 |

| 400m vallas (0,91) MASC. AL_ABM |            |                        |      |     |                        |                 |       |        |       |       |
|---------------------------------|------------|------------------------|------|-----|------------------------|-----------------|-------|--------|-------|-------|
| Marca                           | Licencia   | Nombre                 | Nac. | Año | Club                   | Fecha           | Lugar | Dorsal | MMP   | MMT   |
| 00:56.39                        | GA 536     | LIRES SABORIDO, XABIER | ESP  |     | 2 Marineda Atletico    | 18/07/2021 VIGO |       |        | 56.39 | 56.48 |
| 00:56.54                        | GA 2023471 | ALLER GARCIA, MATEO    | ESP  |     | 4 CA Santiago          | 18/07/2021 VIGO |       |        | 56.54 |       |
|                                 | GA 765113  | GARCIA SANCHEZ, JAVIER | ESP  |     | 93 Coruña Comarca      |                 |       |        |       |       |
|                                 | GA 20821   | TRIANA LOPEZ, MAURO    | ESP  |     | 95 Playas de Castellon |                 |       |        |       |       |
| 56.16                           |            | LORENZO DIAZ, LUCAS    |      |     | Sociedad Gimnastica    |                 |       |        |       |       |

| 300m vallas (0.914) Mas AL_ABM |            |                                   |      |     |                               |       |       |                      |     |     |
|--------------------------------|------------|-----------------------------------|------|-----|-------------------------------|-------|-------|----------------------|-----|-----|
| Marca                          | Licencia   | Nombre                            | Nac. | Año | Club                          | Fecha | Lugar | Dorsal               | MMP | MMT |
|                                | GA 253     | BAZAN COBELO, MARTIN              | ESP  |     | 8 Marineda Atletico           |       |       | 48.25/7.5.2022coruña |     |     |
|                                | GA 482     | CILLERO SEOANE, ANTÓN             | ESP  |     | 7 Riazor Coruña               |       |       |                      |     |     |
|                                | GA 938     | HUERTAS GANDOY, LUCAS             | ESP  |     | 7 Marineda Atletico           |       |       | 42.46/7.5.22coruña   |     |     |
|                                | GA 398     | MARTINEZ FOLGAR, IAGO             | ESP  |     | 8 Marineda Atletico           |       |       |                      |     |     |
|                                | AG 2015497 | PONTE MESÍAS, IAGO                | ESP  |     | 7 Riazor Coruña               |       |       |                      |     |     |
|                                | GA 781     | PORTELA MÉNDEZ, HECTOR            | ESP  |     | 7 Sociedade Atletica do Trega |       |       |                      |     |     |
|                                | GA 480     | RODRIGUEZ SANCHEZ, LEO            | ESP  |     | 7 Atmo. Samartolameu          |       |       | 42.06                |     |     |
|                                | AG 2021689 | SAMANIEGO ROCHA, TEO              | ESP  |     | 8 Riazor Coruña               |       |       |                      |     |     |
|                                | AG 2019841 | SOTO VAZQUEZ, ARON                | ESP  |     | 8 Atletica Lusense            |       |       | 49.53(0.84)08/05/22  |     |     |
|                                | AG 15140   | UZCATEGUI MÉNDEZ, CÉSAR ALEJANDRO | VEN  |     | 7 Riazor Coruña               |       |       |                      |     |     |
|                                | AG 2017374 | VAZQUEZ PEREZ, MANUEL             | ESP  |     | 8 Marineda Atletico           |       |       | sub 16/54.97cor      |     |     |

| Triple Salto MASC. AL_ABM |                  |                          |      |     |                       |                                       |       |        |       |       |
|---------------------------|------------------|--------------------------|------|-----|-----------------------|---------------------------------------|-------|--------|-------|-------|
| Marca                     | Licencia         | Nombre                   | Nac. | Año | Club                  | Fecha                                 | Lugar | Dorsal | MMP   | MMT   |
|                           | 11 AG 2024209    | GUDE HERVÉS, RAÚL        | ESP  |     | 7 Atletica a Silva    | 09/04/2022 LA CORUÑA                  |       |        | 11.00 | 11.00 |
|                           | 10,57 GA 556     | VILELA NUÑEZ, IGNACIO    | ESP  |     | 8 Marineda Atletico   | 09/04/2022 LA CORUÑA                  |       |        | 10.57 | 10.57 |
|                           | 10,28 GA 119     | RAÑA VILLAVERDE, ANTON   | ESP  |     | 8 Atletica a Silva    | 11/06/2021 PEREIRO DE AGUIAR - ORENSE |       |        | 10.28 |       |
|                           | 10,25 AG 2021689 | SAMANIEGO ROCHA, TEO     | ESP  |     | 8 Riazor Coruña       | 09/04/2022 LA CORUÑA                  |       |        | 10.25 | 10.25 |
|                           | 9,89 AG 2015497  | PONTE MESÍAS, IAGO       | ESP  |     | 7 Riazor Coruña       | 09/04/2022 LA CORUÑA                  |       |        | 9.89  | 9.89  |
|                           | 9,79 GA 398      | MARTINEZ FOLGAR, IAGO    | ESP  |     | 8 Marineda Atletico   | 09/04/2022 LA CORUÑA                  |       |        | 9.79  | 9.79  |
|                           | 9,65 GA 253      | BAZAN COBELO, MARTIN     | ESP  |     | 8 Marineda Atletico   | 09/05/2021 LA CORUÑA                  |       |        | 9.65  |       |
|                           | 9,51 AG 13691    | MOURO CIVES, JOSE MANUEL | ESP  |     | 6 Marineda Atletico   | 09/04/2022 LA CORUÑA                  |       |        | 9.51  | 9.51  |
|                           | GA 863           | POLO FREIRE, ENRIQUE     | ESP  |     | 7 Club Atletismo Sada |                                       |       |        |       |       |
|                           | GA 846           | SANTOS GARCIA, MARTIN    | ESP  |     | 7 Club Atletismo Sada |                                       |       |        | 6.94  |       |

| Martillo (7,260kg) MASC. _ABM |                 |                         |      |     |                             |                       |       |        |          |       |
|-------------------------------|-----------------|-------------------------|------|-----|-----------------------------|-----------------------|-------|--------|----------|-------|
| Marca                         | Licencia        | Nombre                  | Nac. | Año | Club                        | Fecha                 | Lugar | Dorsal | MMP      | MMT   |
|                               | 46,74 GA 764764 | RODRIGUEZ ÁLVAREZ, RAUL | ESP  |     | 98 Lucus Caixa Rural Galega | 04/05/2022 LUGO       |       |        | rechazdo | 46.74 |
|                               | 39,36 GA 237    | CONDE BAO, SANTIAGO     | ESP  |     | 74 Club Atletismo Sada      | 05/02/2022 PONTEVEDRA |       |        | 39.36    | 39.36 |

| Peso (4kg) MASC. AL_ABM |                 |                      |      |     |                       |                      |       |        |      |      |
|-------------------------|-----------------|----------------------|------|-----|-----------------------|----------------------|-------|--------|------|------|
| Marca                   | Licencia        | Nombre               | Nac. | Año | Club                  | Fecha                | Lugar | Dorsal | MMP  | MMT  |
|                         | 9,19 AG 2026437 | DIAZ MANTEIRGA, JOSÉ | ESP  |     | 8 Club Atletismo Sada | 09/04/2022 LA CORUÑA |       |        | 9.19 | 9.19 |
|                         | 8,89 AG 2016322 | MIRA FERNANDEZ, UNAI | ESP  |     | 7 Club Atletismo Sada | 09/04/2022 LA CORUÑA |       |        | 8.89 | 8.89 |
|                         | 7,02 AG 2018601 | FIAÑO GARCÍA, XIÁN   | ESP  |     | 8 Riazor Coruña       | 09/04/2022 LA CORUÑA |       |        | 7.02 | 7.02 |
|                         | 6,41 AG 2017684 | LOPEZ CASTRO, DAVID  | ESP  |     | 8 Club Atletismo Sada | 09/04/2022 LA CORUÑA |       |        | 6.41 | 6.41 |

|                    |  |            |  |
|--------------------|--|------------|--|
| GA 371<br>AG 15567 | RODRIGUEZ GOMEZ, MIGUEL<br>SANTOS PARDO, MATEO | ESP<br>ESP | 8 Marineda Atletico<br>7 Club Atletismo Sada |
|--------------------|--|------------|--|

| Peso (5kg) MASC. AL_ABM |          |                                 |      |     |                       |            |       |        |      |     |  |
|-------------------------|----------|---------------------------------|------|-----|-----------------------|------------|-------|--------|------|-----|--|
| Marca                   | Licencia | Nombre                          | Nac. | Año | Club                  | Fecha      | Lugar | Dorsal | MMP  | MMT |  |
| 7,01                    | AG 3328  | CARRO BELLO, IVÁN               | ESP  |     | 5 Club Atletismo Sada | 03/07/2021 | LUGO  |        | 7.01 |     |  |
|                         | AG 14660 | MENENDEZ DOMINGUEZ, JUAN CARLOS | ESP  |     | 60 Marineda Atletico  |            |       |        |      |     |  |

| Peso (7,260kg) MASC. AL_ABM |           |                               |      |     |                          |            |                       |        |       |       |  |
|-----------------------------|-----------|-------------------------------|------|-----|--------------------------|------------|-----------------------|--------|-------|-------|--|
| Marca                       | Licencia  | Nombre                        | Nac. | Año | Club                     | Fecha      | Lugar                 | Dorsal | MMP   | MMT   |  |
| 14,27                       | GA 765796 | ARIAS VIEITEZ, JAIME          | ESP  |     | 0 Riazor Coruña          | 17/04/2021 | O BARCO DE VALDEORRAS |        | 14.27 | 14.07 |  |
| 13,57                       | GA 765775 | GUZMAN ARES, FRANCISCO JAVIER | ESP  |     | 75 CAPEX                 | 03/07/2021 | GAVÀ                  |        | 14.44 |       |  |
| AG 15811                    |           | NETO DOS SANTOS, FELIPE       | ESP  |     | 5 La Mochila del Deporte |            |                       |        |       |       |  |
| AG 2024163                  |           | RODRIGUEZ MALLO, ALDÁN        | ESP  |     | 8 CLUB ATLETICO BERGONDO |            |                       |        |       |       |  |

| Disco (800g) MASC._ABM |          |                      |      |     |                     |            |                       |        |       |       |  |
|------------------------|----------|----------------------|------|-----|---------------------|------------|-----------------------|--------|-------|-------|--|
| Marca                  | Licencia | Nombre               | Nac. | Año | Club                | Fecha      | Lugar                 | Dorsal | MMP   | MMT   |  |
| 14,78                  | AG 3926  | GARCIA BLANCO, PABLO | ESP  |     | 9 Marineda Atletico | 14/05/2022 | O BARCO DE VALDEORRAS |        | 14.78 | 14.78 |  |

| Disco (1kg) MASC._ABM |            |                          |      |     |                       |            |            |        |           |       |  |
|-----------------------|------------|--------------------------|------|-----|-----------------------|------------|------------|--------|-----------|-------|--|
| Marca                 | Licencia   | Nombre                   | Nac. | Año | Club                  | Fecha      | Lugar      | Dorsal | MMP       | MMT   |  |
| 28,07                 | AG 2026437 | DIAZ MANTEIRGA, JOSÉ     | ESP  |     | 8 Club Atletismo Sada | 06/05/2022 | LA CORUÑA  |        | 28.07     | 28.07 |  |
| 24,09                 | AG 2016322 | MIRA FERNANDEZ, UNAI     | ESP  |     | 7 Club Atletismo Sada | 06/05/2022 | LA CORUÑA  |        | RECHAZADO | 24.09 |  |
| 23,76                 | AG 15567   | SANTOS PARDO, MATEO      | ESP  |     | 7 Club Atletismo Sada | 06/05/2022 | LA CORUÑA  |        | RECHAZADO | 23.76 |  |
| 21,32                 | AG 2017684 | LOPEZ CASTRO, DAVID      | ESP  |     | 8 Club Atletismo Sada | 06/05/2022 | LA CORUÑA  |        | RECHAZADO | 21.32 |  |
| 20,44                 | GA 371     | RODRIGUEZ GOMEZ, MIGUEL  | ESP  |     | 8 Marineda Atletico   | 05/01/2022 | PONTEVEDRA |        | 20.44     | 20.44 |  |
| 18,58                 | GA 2023533 | CONDE FRAGA, JUAN MANUEL | ESP  |     | 51 Marineda Atletico  | 09/05/2021 | LA CORUÑA  |        | 18.58     |       |  |
| 17,21                 | AG 2018601 | FIAÑO GARCÍA, XIÁN       | ESP  |     | 8 Riazor Coruña       | 01/05/2022 | LA CORUÑA  |        | 17.21     | 17.21 |  |

| Disco (1,5kg) MASC._ABM |          |                   |      |     |                       |            |       |        |           |       |  |
|-------------------------|----------|-------------------|------|-----|-----------------------|------------|-------|--------|-----------|-------|--|
| Marca                   | Licencia | Nombre            | Nac. | Año | Club                  | Fecha      | Lugar | Dorsal | MMP       | MMT   |  |
| 22,75                   | AG 3328  | CARRO BELLO, IVÁN | ESP  |     | 5 Club Atletismo Sada | 03/07/2021 | LUGO  |        | RECHAZADO | 20.69 |  |

| Disco (1,750kg) MASC._ABM |           |                         |      |     |                       |            |           |        |       |       |  |
|---------------------------|-----------|-------------------------|------|-----|-----------------------|------------|-----------|--------|-------|-------|--|
| Marca                     | Licencia  | Nombre                  | Nac. | Año | Club                  | Fecha      | Lugar     | Dorsal | MMP   | MMT   |  |
| 49,79                     | GA 769132 | ORTEGA MOINELO, NICOLAS | ESP  |     | 4 Club Atletismo Sada | 01/05/2022 | LA CORUÑA |        | 49.79 | 49.79 |  |

| Martillo (3kg) MASC._ABM |          |                      |      |     |                     |            |           |        |       |       |  |
|--------------------------|----------|----------------------|------|-----|---------------------|------------|-----------|--------|-------|-------|--|
| Marca                    | Licencia | Nombre               | Nac. | Año | Club                | Fecha      | Lugar     | Dorsal | MMP   | MMT   |  |
| 15,67                    | AG 3926  | GARCIA BLANCO, PABLO | ESP  |     | 9 Marineda Atletico | 01/05/2022 | LA CORUÑA |        | 15.67 | 15.67 |  |

| Disco (2kg) MASC._ABM |           |                               |      |     |                             |            |        |        |           |       |  |
|-----------------------|-----------|-------------------------------|------|-----|-----------------------------|------------|--------|--------|-----------|-------|--|
| Marca                 | Licencia  | Nombre                        | Nac. | Año | Club                        | Fecha      | Lugar  | Dorsal | MMP       | MMT   |  |
| 46,68                 | GA 765775 | GUZMAN ARES, FRANCISCO JAVIER | ESP  |     | 75 CAPEX                    | 14/02/2021 | OVIEDO |        | 50.38     | 45.14 |  |
| 33,97                 | GA 764764 | RODRIGUEZ ÁLVAREZ, RAUL       | ESP  |     | 98 Lucus Caixa Rural Galega | 18/07/2021 | VIGO   |        | RECHAZADO | 32.35 |  |
|                       | GA 765796 | ARIAS VIEITEZ, JAIME          | ESP  |     | 0 Riazor Coruña             |            |        |        | 27.12     |       |  |

| Martillo (4kg) MASC._ABM |            |                          |      |     |                       |            |           |        |       |       |  |
|--------------------------|------------|--------------------------|------|-----|-----------------------|------------|-----------|--------|-------|-------|--|
| Marca                    | Licencia   | Nombre                   | Nac. | Año | Club                  | Fecha      | Lugar     | Dorsal | MMP   | MMT   |  |
| 33,69                    | GA 2023533 | CONDE FRAGA, JUAN MANUEL | ESP  |     | 51 Marineda Atletico  | 01/05/2022 | LA CORUÑA |        | 33.69 | 33.69 |  |
| 29,92                    | AG 2026437 | DIAZ MANTEIRGA, JOSÉ     | ESP  |     | 8 Club Atletismo Sada | 01/05/2022 | LA CORUÑA |        | 29.92 | 29.92 |  |
| 24,95                    | AG 2016322 | MIRA FERNANDEZ, UNAI     | ESP  |     | 7 Club Atletismo Sada | 03/04/2022 | LA CORUÑA |        | 24.95 | 24.95 |  |
| 22,77                    | GA 371     | RODRIGUEZ GOMEZ, MIGUEL  | ESP  |     | 8 Marineda Atletico   | 03/04/2022 | LA CORUÑA |        | 22.77 | 22.77 |  |
|                          | AG 2017684 | LOPEZ CASTRO, DAVID      | ESP  |     | 8 Club Atletismo Sada |            |           |        |       |       |  |

| Martillo (5kg) MASC. _ABM         |                             |                                   |                   |                          |                       |            |                            |          |     |          |  |
|-----------------------------------|-----------------------------|-----------------------------------|-------------------|--------------------------|-----------------------|------------|----------------------------|----------|-----|----------|--|
| Marca                             | Licencia                    | Nombre                            | Nac.              | Año                      | Club                  | Fecha      | Lugar                      | Dorsal   | MMP | MMT      |  |
| AG 3328                           |                             | CARRO BELLO, IVÁN                 | ESP               |                          | 5 Club Atletismo Sada |            |                            |          |     |          |  |
| 5.000m Marcha MASC. en pista _ABM |                             |                                   |                   |                          |                       |            |                            |          |     |          |  |
| Marca                             | Licencia                    | Nombre                            | Nac.              | Año                      | Club                  | Fecha      | Lugar                      | Dorsal   | MMP | MMT      |  |
| 20:51.04                          | GA 769245                   | MORALES DEL CASTILLO, JUAN MANUEL | ESP               | 79 Marineda Atletico     |                       | 18/07/2021 | VIGO                       | 20:51.04 |     | 21:39.80 |  |
| 22:30.62                          | GA 769108                   | DIAZ SANCHEZ, ISMAEL              | ESP               | 4 Marineda Atletico      |                       | 21/11/2021 | PONTEVEDRA                 | 22:30.62 |     | 22:36.86 |  |
| 31:40.68                          | GA 576                      | PEREZ CARRODEGUAS, MATEO          | ESP               | 8 Marineda Atletico      |                       | 23/04/2022 | PEREIRO DE AGUIAR - ORENSE | 31:40.68 |     | 31:40.68 |  |
| 200m FEM. AL _ABF                 |                             |                                   |                   |                          |                       |            |                            |          |     |          |  |
| Marca                             | Licencia                    | Nombre                            | Nac.              | Año                      | Club                  | Fecha      | Lugar                      | Dorsal   | MMP | MMT      |  |
| 00:26.28                          | GA 765786                   | LOPEZ FERNANDEZ, PAULA            | ESP               | 1 Club Atletismo Naron   |                       | 07/05/2022 | LA CORUÑA                  | 26.28    |     | 26.28    |  |
| 00:26.46                          | GA 856                      | LÓPEZ CHAS, LAURA                 | ESP               | 0 Riazor Coruña          |                       | 07/05/2022 | LA CORUÑA                  | 26.46    |     | 26.46    |  |
| 00:27.46                          | GA 152                      | MESÍAS VÁZQUEZ, MARÍA             | ESP               | 77 Riazor Coruña         |                       | 09/04/2022 | LA CORUÑA                  | 27.46    |     | 27.46    |  |
| 00:27.71                          | GA 765680                   | CARIDE ARUFE, LIA                 | ESP               | 1 Ria Ferrol-C. Arenal   |                       | 07/05/2022 | LA CORUÑA                  | 26.40    |     | 27.71    |  |
| 00:28.15                          | AG 2024468                  | NISTAL PALACIOS, LUCIA            | ESP               | 4 Marineda Atletico      |                       | 03/07/2021 | LUGO                       | 28.15    |     | 28.15    |  |
| 00:28.47                          | AG 765879                   | VAZQUEZ HERMIDA, LUCIA            | ESP               | 3 La Mochila del Deporte |                       | 14/05/2022 | LUGO                       | 27.85    |     | 28.47    |  |
| 00:28.98                          | AG 2019035                  | DOMINGUEZ MARTIS, ALEJANDRA       | ESP               | 2 Coruña Comarca         |                       | 06/05/2022 | LA CORUÑA                  | 28.84    |     | 28.98    |  |
| 00:29.18                          | AG 9101                     | MOSCONI LEW, UXIA BELEN           | ESP               | 4 Marineda Atletico      |                       | 07/05/2022 | LA CORUÑA                  | 29.18    |     | 29.18    |  |
| 00:29.46                          | AG 2028377                  | RODRÍGUEZ MARTÍNEZ, LAURA         | ESP               | 6 Coruña Comarca         |                       | 09/04/2022 | LA CORUÑA                  | 29.46    |     | 29.46    |  |
| 00:29.98                          | AG 11291                    | RAMA SANCHEZ, BLANCA              | ESP               | 6 Coruña Comarca         |                       | 09/04/2022 | LA CORUÑA                  | 29.98    |     | 29.98    |  |
| 00:29.99                          | AG 2026445                  | PIZZARRO , LUNA GUADALUPE         | ESP               | 8 Club Atletismo Sada    |                       | 06/05/2022 | LA CORUÑA                  | 29.99    |     | 29.99    |  |
| 00:36.52                          | GA 72                       | CHAVES MATEO, TIRSA               | ESP               | 63 Club Atletismo Sada   |                       | 06/05/2022 | LA CORUÑA                  | 36.52    |     | 36.52    |  |
| 00:37.08                          | GA 460                      | FERNÁNDEZ RODRÍGUEZ, ELVA         | ESP               | 60 Club Atletismo Sada   |                       | 06/05/2022 | LA CORUÑA                  | 37.08    |     | 37.08    |  |
| 00:38.84                          | GA 769418                   | MARTINEZ RIVAS, Mª ESTHER         | ESP               | 58 Club Atletismo Sada   |                       | 29/05/2021 | PONTEVEDRA                 | 37.83    |     |          |  |
|                                   | AG 14730                    | ALVEZ LOPEZ, NOEMI                | ESP               | 8 Coruña Comarca         |                       |            |                            |          |     |          |  |
|                                   | AG 5432                     | FERNANDEZ BERNARDO, MARTA         | ESP               | 5 La Mochila del Deporte |                       |            |                            |          |     |          |  |
|                                   | AG 2028662                  | MARTINEZ VALES, CLAUDIA           | ESP               | 6 Marineda Atletico      |                       |            |                            |          |     |          |  |
|                                   | AG 2028826                  | UREÑA GUZMAN, ANGELA ESTHER       | ESP               | 6 Marineda Atletico      |                       |            |                            |          |     |          |  |
|                                   | ANTIA NUE FERNANDEZ VICENTE |                                   | Marineda Atletico |                          |                       |            |                            |          |     |          |  |
| 800m FEM. AL _ABF                 |                             |                                   |                   |                          |                       |            |                            |          |     |          |  |
| Marca                             | Licencia                    | Nombre                            | Nac.              | Año                      | Club                  | Fecha      | Lugar                      | Dorsal   | MMP | MMT      |  |
| 02:37.38                          | GA 70                       | BARREIRO SENRA, PILAR             | ESP               | 71 Club Atletismo Sada   |                       | 06/05/2022 | LA CORUÑA                  | 2:37.38  |     | 2:37.38  |  |
| 02:38.28                          | AG 2020246                  | RODRIGUEZ FERNANDEZ, PAULA        | ESP               | 6 Marineda Atletico      |                       | 19/02/2022 | OURENSE                    |          |     |          |  |
| 02:51.45                          | GA 769053                   | GARCIA PORTAS, LINA               | ESP               | 69 Club Atletismo Sada   |                       | 06/11/2021 | VIGO                       | 2:51.45  |     | 2:52.54  |  |
| 02:55.52                          | AG 14122                    | FERNANDEZ MARTIN, MARIA           | ESP               | 5 Marineda Atletico      |                       | 01/03/2022 | LA CORUÑA                  |          |     |          |  |
| 1.000m FEM. AL _ABF               |                             |                                   |                   |                          |                       |            |                            |          |     |          |  |
| Marca                             | Licencia                    | Nombre                            | Nac.              | Año                      | Club                  | Fecha      | Lugar                      | Dorsal   | MMP | MMT      |  |
| 03:05.40                          | GA 2023346                  | OUTES GRAÑO, JIMENA               | ESP               | 9 Coruña Comarca         |                       | 09/04/2022 | LA CORUÑA                  | 3:05.40  |     | baja     |  |
| 03:16.46                          | GA 445                      | PENA SOTO, ALBA                   | ESP               | 8 Club Atletismo Naron   |                       | 07/05/2022 | LA CORUÑA                  | 3:16.46  |     |          |  |
| 03:19.08                          | GA 599                      | VAZQUEZ FUENTES, MARIA            | ESP               | 7 La Mochila del Deporte |                       | 03/07/2021 | LUGO                       | 3:19.08  |     | 3:35.60  |  |
| 03:20.16                          | GA 597                      | VAZQUEZ HERMIDA, PAULA            | ESP               | 7 La Mochila del Deporte |                       | 09/04/2022 | LA CORUÑA                  | 3:20.16  |     | 3:20.16  |  |
| 03:22.64                          | AG 2017676                  | BELLAS SOTO, PAULA                | ESP               | 7 La Mochila del Deporte |                       | 03/07/2021 | LUGO                       | 3:22.64  |     | 3:24.16  |  |
| 03:26.93                          | GA 596                      | MATO DÍAZ, CRISTINA               | ESP               | 7 La Mochila del Deporte |                       | 07/05/2022 | LA CORUÑA                  | 3:26.93  |     | 3:26.93  |  |
| 03:28.05                          | GA 944                      | MUÑOZ FERNÁNDEZ, SARA             | ESP               | 10 Atletica Lucense      |                       | 03/04/2022 | LUGO                       | 3:28.05  |     | 3:28.05  |  |
| 03:34.41                          | AG 2028081                  | VELAZQUEZ MARTINEZ, CANDELA       | ESP               | 8 La Mochila del Deporte |                       | 26/06/2021 | VIGO                       | 3:34.41  |     | 3:35.34  |  |
| 03:59.16                          | AG 10591                    | ZIRANI EL HARFI, ASMAA            | ESP               | 8 La Mochila del Deporte |                       | 09/04/2022 | LA CORUÑA                  | 3:59.16  |     | 3:59.16  |  |
|                                   | AG 14975                    | CALVO GRELA, ANTÍA                | ESP               | 8 Atletica a Silva       |                       |            |                            |          |     |          |  |
|                                   | AG 2028777                  | GÓMEZ MONTERO, CARLA              | ESP               | 8 CLUB ATLETICO BERGONDO |                       |            |                            |          |     |          |  |

| 300m vallas (0,762) FEM. AL_ABF |            |                                |      |     |                         |            |            |        |       |       |  |
|---------------------------------|------------|--------------------------------|------|-----|-------------------------|------------|------------|--------|-------|-------|--|
| Marca                           | Licencia   | Nombre                         | Nac. | Año | Club                    | Fecha      | Lugar      | Dorsal | MMP   | MMT   |  |
| 00:48.21                        | AG 2019295 | RODRIGUEZ RODRIGUEZ, VALENTINA | ESP  |     | 8 Riazor Coruña         | 07/05/2022 | LA CORUÑA  |        | 48.21 | 48.21 |  |
| 00:49.20                        | AG 11555   | IGLESIAS SECO, CARMEN          | ESP  |     | 7 Riazor Coruña         | 07/05/2022 | LA CORUÑA  |        | 49.20 | 49.20 |  |
| 00:49.77                        | GA 2023489 | DOMINGUEZ ABRUNEDO, LUCIA      | ESP  |     | 7 Viguesa de atletismo  | 07/05/2022 | LA CORUÑA  |        | 49.77 | 49.77 |  |
| 00:50.30                        | GA 2023550 | REY BRAVO, NOA                 | ESP  |     | 7 Atletica a Silva      | 09/04/2022 | LA CORUÑA  |        | 50.30 | 50.30 |  |
| 00:50.50                        | GA 557     | SERANTES RODRIGUEZ, IRENE      | ESP  |     | 8 Marineda Atletico     | 09/04/2022 | LA CORUÑA  |        | 50.50 | 50.50 |  |
| 00:54.21                        | GA 370     | PUENTE GONZALEZ, CELIA         | ESP  |     | 8 Marineda Atletico     | 09/04/2022 | LA CORUÑA  |        | 54.21 | 54.21 |  |
| 00:58.30                        | AG 2016826 | GRANELL TASCÓN, IRIA           | ESP  |     | 7 Club Atletismo Sada   | 20/06/2021 | PONTEVEDRA |        | 58.30 | 59.03 |  |
|                                 | GA 528     | FERNÁNDEZ BOUZA, CELIA         | ESP  |     | 8 Riazor Coruña         |            |            |        |       |       |  |
|                                 | GA 19100   | MARTINEZ QUEIMAÑO, ANTIA       | ESP  |     | 94 Ria Ferrol-C. Arenal |            |            |        | 46.39 | 46.39 |  |
|                                 | AG 2022503 | OLIVER PARDO-CIORRAGA, ANA     | ESP  |     | 8 Riazor Coruña         |            |            |        |       |       |  |

| 400m vallas (0,762) FEM. AL_ABF |          |                     |      |     |                       |            |       |        |         |         |  |
|---------------------------------|----------|---------------------|------|-----|-----------------------|------------|-------|--------|---------|---------|--|
| Marca                           | Licencia | Nombre              | Nac. | Año | Club                  | Fecha      | Lugar | Dorsal | MMP     | MMT     |  |
| 01:09.92                        | GA 457   | OURENS ANIDO, MARIA | ESP  |     | 4 Club Atletismo Sada | 12/06/2021 | GIJÓN |        | 1:09.92 | 1:12.88 |  |

| Triple Salto FEM. AL_ABF |            |                        |      |     |                        |            |                       |        |      |      |  |
|--------------------------|------------|------------------------|------|-----|------------------------|------------|-----------------------|--------|------|------|--|
| Marca                    | Licencia   | Nombre                 | Nac. | Año | Club                   | Fecha      | Lugar                 | Dorsal | MMP  | MMT  |  |
| 9,83                     | GA 370     | PUENTE GONZALEZ, CELIA | ESP  |     | 8 Marineda Atletico    | 18/04/2021 | LUGO                  |        | 9.83 | 9.70 |  |
| 9,56                     | AG 2022028 | IGLESIAS CONDE, TSEHAY | ESP  |     | 8 Riazor Coruña        | 09/04/2022 | LA CORUÑA             |        | 9.56 | 9.56 |  |
| 9,46                     | AG 2021075 | LOUREIRO ARROJO, LIA   | ESP  |     | 9 Riazor Coruña        | 14/05/2022 | O BARCO DE VALDEORRAS |        | 9.46 | 9.46 |  |
| 9,41                     | AG 14975   | CALVO GRELA, ANTÍA     | ESP  |     | 8 Atletica a Silva     | 02/04/2022 | LA CORUÑA             |        | 9.41 | 9.41 |  |
| 9,38                     | AG 2023328 | SOTO FERNANDEZ, ANTIA  | ESP  |     | 10 At Vila de Cangas   | 09/04/2022 | LA CORUÑA             |        | 9.38 | 9.38 |  |
| 8,89                     | AG 11474   | SEOANE VÁZQUEZ, LAURA  | ESP  |     | 8 Riazor Coruña        | 09/04/2022 | LA CORUÑA             |        | 8.89 | 8.89 |  |
| 8,81                     | AG 2014460 | GRIMAL ROCA, LIDIA     | ESP  |     | 7 Club Atletismo Naron | 06/05/2022 | LA CORUÑA             |        | 8.81 | 8.81 |  |
| 7,63                     | AG 2020249 | CUIÑA FERNANDEZ, LAURA | ESP  |     | 6 Marineda Atletico    | 09/04/2022 | LA CORUÑA             |        | 7.63 | 7.63 |  |
| GA 944                   |            | MUÑOZ FERNÁNDEZ, SARA  | ESP  |     | 10 Atletica Lucense    |            |                       |        |      |      |  |

| Peso (3kg) FEM. AL_ABF |            |                         |      |     |                        |            |                       |        |      |      |  |
|------------------------|------------|-------------------------|------|-----|------------------------|------------|-----------------------|--------|------|------|--|
| Marca                  | Licencia   | Nombre                  | Nac. | Año | Club                   | Fecha      | Lugar                 | Dorsal | MMP  | MMT  |  |
| 9,18                   | GA 528     | FERNÁNDEZ BOUZA, CELIA  | ESP  |     | 8 Riazor Coruña        | 07/05/2022 | LA CORUÑA             |        | 9.18 | 9.18 |  |
| 7,19                   | AG 2027418 | GÓMEZ GONZÁLEZ, BEATRIZ | ESP  |     | 7 Club Atletismo Sada  | 03/07/2021 | LUGO                  |        | 7.19 |      |  |
| 7,09                   | GA 949     | VALDES PAZOS, LIDYA     | ESP  |     | 9 Club Atletismo Sada  | 06/06/2021 | O BARCO DE VALDEORRAS |        | 7.09 | 7.04 |  |
| 6,96                   | GA 669     | CANO GRUEIRO, JANA      | ESP  |     | 8 Ria Ferrol-C. Arenal | 09/04/2022 | LA CORUÑA             |        | 6.96 | 6.96 |  |
| GA 667                 |            | CASTRO PEREIRA, LAURA   | ESP  |     | 8 Ria Ferrol-C. Arenal |            |                       |        |      |      |  |

| Peso (4kg) FEM. AL_ABF |           |                              |      |     |                          |            |       |        |      |      |  |
|------------------------|-----------|------------------------------|------|-----|--------------------------|------------|-------|--------|------|------|--|
| Marca                  | Licencia  | Nombre                       | Nac. | Año | Club                     | Fecha      | Lugar | Dorsal | MMP  | MMT  |  |
| 7,14                   | GA 769252 | FERNANDEZ FIDALGO,IRENE      | ESP  |     | 75 Club Atletismo Sada   | 12/06/2021 | GIJÓN |        | 7.14 | 6.87 |  |
| AG 14730               |           | ALVEZ LOPEZ, NOEMI           | ESP  |     | 8 Coruña Comarca         |            |       |        |      |      |  |
| AG 2027418             |           | GÓMEZ GONZÁLEZ, BEATRIZ      | ESP  |     | 7 Club Atletismo Sada    |            |       |        |      |      |  |
| AG 14187               |           | MERA VARELA, ALICIA          | ESP  |     | 7 Club Atletismo Sada    |            |       | Sub16  |      |      |  |
| AG 14189               |           | PIÑA GALDO, LUCÍA            | ESP  |     | 8 Club Atletismo Sada    |            |       | Sub16  |      |      |  |
| AG 2026445             |           | PIZZARRO , LUNA GUADALUPE    | ESP  |     | 8 Club Atletismo Sada    |            |       | Sub16  |      |      |  |
| AG 14085               |           | RODRIGUEZ CAGIAO, MEHA BELEN | ESP  |     | 8 La Mochila del Deporte |            |       |        |      |      |  |
| AG 2028826             |           | UREÑA GUZMAN, ANGELA ESTHER  | ESP  |     | 6 Marineda Atletico      |            |       |        |      |      |  |
| GA 949                 |           | VALDES PAZOS, LIDYA          | ESP  |     | 9 Club Atletismo Sada    |            |       |        |      |      |  |

| Disco (800g) FEM. _ABF |          |                       |      |     |                        |       |       |        |           |     |  |
|------------------------|----------|-----------------------|------|-----|------------------------|-------|-------|--------|-----------|-----|--|
| Marca                  | Licencia | Nombre                | Nac. | Año | Club                   | Fecha | Lugar | Dorsal | MMP       | MMT |  |
| GA 669                 |          | CANO GRUEIRO, JANA    | ESP  |     | 8 Ria Ferrol-C. Arenal |       |       |        | RECHAZADA |     |  |
| GA 667                 |          | CASTRO PEREIRA, LAURA | ESP  |     | 8 Ria Ferrol-C. Arenal |       |       |        | RECHAZADA |     |  |

| Disco (1kg) FEM._ABF |            |                              |      |     |                        |            |            |        |       |       |  |
|----------------------|------------|------------------------------|------|-----|------------------------|------------|------------|--------|-------|-------|--|
| Marca                | Licencia   | Nombre                       | Nac. | Año | Club                   | Fecha      | Lugar      | Dorsal | MMP   | MMT   |  |
| 43,45                | GA 73      | EZQUERRO FERNÁNDEZ, MARÍA    | ESP  | 99  | Club Atletismo Sada    | 06/05/2022 | LA CORUÑA  |        | 43.45 | 43.45 |  |
| 35,24                | GA 769414  | FERNANDEZ GUEDE, EVELYN      | ESP  | 1   | Club Atletismo Naron   | 18/07/2021 | VIGO       |        | 35.24 | 33.70 |  |
| 26,73                | GA 428     | FERNANDEZ GUEDE, ERIKA       | ESP  | 6   | Club Atletismo Naron   | 13/03/2022 | PONTEVEDRA |        | 26.73 | 26.73 |  |
| 25,5                 | GA 2023451 | SUREDA GONZÁLEZ, MARTA       | ESP  | 70  | Atmo. Samertolameu     | 29/01/2022 | LUGO       |        | 26.74 | 25.50 |  |
| 20,94                | AG 765862  | FERNANDEZ VILLARES, EVA      | ESP  | 80  | Club Atletismo Naron   | 26/06/2021 | VIGO       |        | 26.25 |       |  |
| 13,04                | AG 2014496 | SUMAY MIGUEZ, EMMA           | ESP  | 6   | Marineda Atletico      | 01/05/2022 | LA CORUÑA  |        | 13.04 | 13.04 |  |
| 9,57                 | AG 9101    | MOSCONI LEW, UXIA BELEN      | ESP  | 4   | Marineda Atletico      | 01/05/2022 | LA CORUÑA  |        | 9.57  | 9.57  |  |
|                      | AG 14085   | RODRIGUEZ CAGIAO, MEHA BELEN | ESP  | 8   | La Mochila del Deporte |            |            |        |       |       |  |

| Martillo (4kg) FEM._ABF |           |                          |      |     |                      |            |        |              |       |       |  |
|-------------------------|-----------|--------------------------|------|-----|----------------------|------------|--------|--------------|-------|-------|--|
| Marca                   | Licencia  | Nombre                   | Nac. | Año | Club                 | Fecha      | Lugar  | Dorsal       | MMP   | MMT   |  |
| 26,44                   | GA 769252 | FERNANDEZ FIDALGO, IRENE | ESP  | 75  | Club Atletismo Sada  | 17/04/2021 | OVIEDO |              | 26.44 | 25.97 |  |
| GA 665                  |           | GOMEZ PICO, MARTA        | ESP  | 8   | Ria Ferrol-C. Arenal |            |        |              |       |       |  |
| AG 14014                |           | SUAREZ LOPEZ, ADRIANA    | ESP  | 8   | Ria Ferrol-C. Arenal |            |        |              |       |       |  |
| GA 2023451              |           | SUREDA GONZÁLEZ, MARTA   | ESP  | 70  | Atmo. Samertolameu   |            |        | 3kg martillo | 28.85 |       |  |

| Martillo (3kg) FEM._ABF |            |                         |      |     |                      |            |            |        |       |       |  |
|-------------------------|------------|-------------------------|------|-----|----------------------|------------|------------|--------|-------|-------|--|
| Marca                   | Licencia   | Nombre                  | Nac. | Año | Club                 | Fecha      | Lugar      | Dorsal | MMP   | MMT   |  |
| 33,5                    | GA 949     | VALDES PAZOS, LIDYA     | ESP  | 9   | Club Atletismo Sada  | 30/04/2022 | LA CORUÑA  | (2kg)  | 33.50 | 33.50 |  |
| 26,87                   | GA 665     | GOMEZ PICO, MARTA       | ESP  | 8   | Ria Ferrol-C. Arenal | 03/04/2022 | LA CORUÑA  |        | 26.87 | 26.87 |  |
| 24,56                   | AG 14014   | SUAREZ LOPEZ, ADRIANA   | ESP  | 8   | Ria Ferrol-C. Arenal | 22/04/2022 | PONTEVEDRA |        | 24.56 | 24.56 |  |
| 21,35                   | AG 2027418 | GÓMEZ GONZÁLEZ, BEATRIZ | ESP  | 7   | Club Atletismo Sada  | 01/05/2022 | LA CORUÑA  |        | 21.35 | 21.35 |  |

| 5.000m Marcha FEM. en pista_ABF |          |                     |      |     |                     |       |       |             |     |     |  |
|---------------------------------|----------|---------------------|------|-----|---------------------|-------|-------|-------------|-----|-----|--|
| Marca                           | Licencia | Nombre              | Nac. | Año | Club                | Fecha | Lugar | Dorsal      | MMP | MMT |  |
| GA 834                          |          | ORRO ARRESTO, MARIA | ESP  | 8   | Club Atletismo Sada |       |       | 44585,30903 |     |     |  |