

Una manera de hacer Europa



BUENAS PRÁCTICAS

Actuaciones Cofinanciadas

Refurbishment of the José Toubes Square facility to centralise civic and social activities for young people in the Cuatro Caminos neighbourhood.

A Coruña City Council

**Programa Operativo
Plurirregional de España**

AÑO 2022

Fondo Europeo de Desarrollo Regional

Good Practice: Refurbishment of the José Toubes Square facility to centralise civic and social activities for young people in the Cuatro Caminos neighbourhood.

The Good Practice consists of the refurbishment of the former "El Remanso" cafeteria located in Plaza José Toubes Pego in order to centralise the civic and social activities that take place in the Cuatro Caminos neighbourhood.

The building is divided into two floors, the basement and the ground floor. On the one hand, the basement has a room with computer equipment that can be used by young people as an informal space for group work. On the other hand, the ground floor has a multipurpose room where all the activities designed and planned by the users can be carried out. Some of the activities already developed were as innovative as counselling on European Volunteering or a job interview; workshops on printing, lettering, scrapbooking, motivation and emotional management after Covid-19; role-playing and board games, etc.

In addition, "El Remanso" has a dynamisation team in charge of managing the space and accompanying those youth associations that take the step of organising their own activities.

In addition to the complete refurbishment, a lift and an access ramp have been installed to make the building fully accessible. Moreover, the back of the pavilion overlooks a landscaped park and the building is integrated into its surroundings through large windows that surround the façade, inviting users to enjoy both the interior and exterior of the building.

The cost of the action is 394,737.66 €, of which **the ERDF fund contributes 80%, equivalent to 315,790.13 €**. This action is aimed, in general terms, at the entire population of A Coruña, made up of 248,306 inhabitants, according to data from the municipal census of August 2022. Specifically, it benefits the disadvantaged population living in District 3, estimated at 3,480 people (25,534 inhabitants of the district x 13.63% poverty risk rate in A Coruña).



IMAGE OF THE BUILDING BEFORE AND AFTER THE RENOVATION



IMAGE OF THE FINAL RESULT

The criteria for the identification of this action as a Good Practice are as follows:

1. THE ROLE OF THE ERDF HAS BEEN ADEQUATELY DISSEMINATED TO POTENTIAL BENEFICIARIES AND THE GENERAL PUBLIC.

In terms of regulatory communication, a perimeter fence has been erected around the building during the execution of the works, as well as information signs and, after the completion of the works, a permanent plaque. In addition, the [specific section of the beneficiary's website reflects the intervention](#).

In all cases, ERDF co-financing is reported.



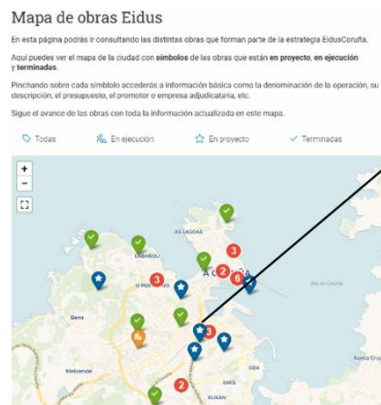
PERIMETER FENCING WITH LOGO FEDER



SIGNS DURING THE RENOVATION

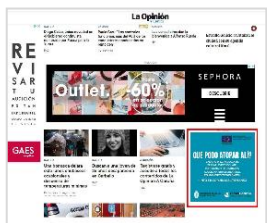
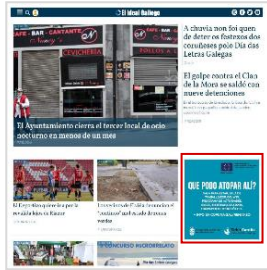


PERMANENT PLAQUE



WEBSITE: www.coruna.gal/eidus

In addition, digital press advertisements, social media advertisements, organic communications on social media and numerous press articles have been published to raise awareness of the ERDF co-financing and the new use of the building.



DIGITAL PRESS ADVERTISEMENTS

SOCIAL MEDIA ADS

Galicia@PRESS
TE INFORMA

PORTADA POLÍTICA SANIDADE ECONOMÍA DEPORTES CULTURA OPINIÓN MOVIMIENTOS GALICIA

A Coruña estrena el nuevo centro juvenil O Remanso, en el barrio de Cuatro Caminos

Euroa Press | Sábado, 9 de abril de 2022, 18:13

La alcaldesa de A Coruña, Inés Rey, ha participado este sábado en la reapertura del nuevo O Remanso, en el barrio de Cuatro Caminos, un centro juvenil que ofrecerá actividades lúdicas, deportivas y culturales a la juventud, totalmente gratuitas y que estará abierto todos los días del año.

Rey ha valorado la puesta en marcha de este nuevo centro como "una alternativa de ocio diseñada para los jóvenes de entre 12 y 17 años, en el que podrán desarrollar actividades y pasar su tiempo de ocio.

Asimismo, ha destacado que el Gobierno municipal está "plenamente comprometido" con la creación de espacios juveniles y en impulsar las capacidades y el talento de los más jóvenes.

Durante la jornada de inauguración este sábado se han desarrollado actividades para todos los públicos con música en directo, talleres creativos y exhibiciones de cultura urbana exterior, entre otras propuestas.

Cabe destacar que el nuevo O Remanso ha sido financiado con fondos Feder, con una inversión de casi 300.000 euros para la infraestructura y otros 90.000 euros para mobiliario y material electrónico.

El Ideal Gallego

Inés Rey inaugura el nuevo centro juvenil O Remanso, "un punto de encuentro para las nuevas generaciones"

A Coruña

La alcaldesa de A Coruña, Inés Rey, ha inaugurado este sábado el nuevo centro juvenil O Remanso, un punto de encuentro para las nuevas generaciones, una nueva alternativa de ocio diseñada especialmente para los jóvenes de 12 a 17 años, en el que podrán pasar su tiempo de ocio". Rey mostró su compromiso con la creación de espacios juveniles en los que "resucitar las ideas de los jóvenes e impulsar sus capacidades y talentos", comentó.

Tras visitar las dos plantas del recinto y hablar con los participantes en los talleres de "lettering" que se estaban desarrollando, la alcaldesa recorrió la plaza de José Toubes para interesarse por las actividades recreativas que se desarrollan que dan vida a la programación municipal de apertura. No estaba sola, ya que durante el trayecto también la acompañaron la concejala de Bienestar Social, Yoya Nieto, el concejal de Urbanismo, Francisco Delgado, y el portavoz del Gobierno local, José Manuel Lage Talas.

Rey no dudó en resar a este último a un combate de esgrima ante la alenta mirrada de los asistentes. En ese momento, ya como continuación, la esgrima llegó al recinto municipal, que también probó suerte con el montaje de bloques. El broche de la inauguración la dejó a los niños que no dudaron en demostrar su talento.

Inversión
El recinto inaugurado Remanso fue financiado con fondos Feder, con un presupuesto de casi 300.000 euros en la infraestructura y otros 90.000 en mobiliario y material electrónico.

Sa Voz de Galicia

O Remanso deixa de servir cafés e cocido para converterse en un espacio juvenil

A Coruña

La alcaldesa inauguró ayer las nuevas instalaciones en las que se realizará a cabo actividades lúdicas, deportivas o culturales los 365 días del año.

En un día sobrado de primavera se reabrió O Remanso y se entregó a los adolescentes. Los concidanos se pudieron quedar a disfrutar el meso de Cuatro Caminos para ver de cerca lo que el Ayuntamiento hizo con el edificio histórico que desde 2015 se había convertido en un espacio juvenil. Desde entonces estaba destinado. Como se lo a comer el cocido o a tomar café en la terraza, se había vuelto un peligro. Nada que ver con lo de ahora. Hoy es un punto cénico de las nuevas actividades juveniles para que menores de 11 a 17 años accedan a talleres o actividades lúdicas, deportivas o culturales.

Con motivo de la inauguración, a la que asistió parte del gobierno local, con la alcaldesa al frente, se organizaron una serie de actividades en el parque de Cuatro Caminos. Como esgrima, deporte que Inés Rey y José Manuel Lage Talas, concejal de Economía y portavoz, practican entretandose el uno a otro con el forde, comiste que ganó la regata por un estrecho margen. También hubo capoeira o pañour.

De 12 a 17 años
Inés Rey valoró la puesta en marcha de O Remanso como "un punto de encontro para as novas xeracións, unha nova alternativa de ocio deseñada especialmente para os rapaces de entre 12 e 17 anos, no que poden pasar o seu tempo de ocio". Rey mostrou o seu compromiso coa creación de espazos juvenís en los que "resucitar as ideas dos rapaces e impulsar as súas capacidades e talentos", comentou.

Distribución dos espazos en el novo Remanso fue concibida para ofrecer actividades lúdicas, deportivas e culturais todos os días do ano, como por exemplo xogos, talleres, concursos, etc. A inversión foi financiada por fondos Feder, con un investimento de casi 300.000 euros en la infraestructura e outros 90.000 en mobiliario e material electrónico. Cabe destacar que o novo Remanso ten un presupuesto de casi 300.000 euros para a infraestructura e outros 90.000 en mobiliario e material electrónico.

PRESS ARTICLES



PHOTOS OF THE INAUGURATION PRESIDED OVER BY THE MAYORESS

Furthermore, an event chaired by the Mayoress was held with activities for young people, and a video was produced in which citizens' testimonies on the refurbishment and new uses of the space can be seen. This audiovisual piece contains the image of the ERDF and was disseminated through social networks. It is also published in the works [map section of the municipal website](#) and in the municipal Youtube profile, where it can be found translated and subtitled in Spanish, Galician and English. See [link to Youtube here](#).

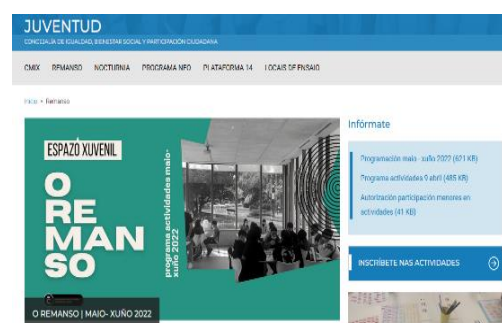


2. THE ACTION INCORPORATES INNOVATIVE ELEMENTS.

The innovative elements incorporated are:

- The destination of **disused public premises that are recovered for young people**, who can use them both individually and through the entities and associations in which they are grouped.
- The resulting **new management and governance model**, in which the target groups are involved and co-responsible for the management of the premises.
- The **new web section** within the municipal portal to bring the space closer to the citizens:

www.coruna.gal/juventud/es/remanso



NEW WEB SECTION

Another innovative element is the recovery of the building itself, which has succeeded in **regenerating an abandoned space** that was causing problems in the neighbourhood. In addition, **the adjacent park has been revitalised** and can be used by young people for leisure, sporting and cultural activities organised by the municipal services and the city's youth associations.

3. ADEQUACY OF THE RESULTS OBTAINED TO THE ESTABLISHED OBJECTIVES.

The planned objectives have been achieved with the actions carried out. Firstly, **a disused building has been recovered and made available to youngsters and informal groups**, as there was a need to refurbish the building and create a space for young people in the Cuatro Caminos neighbourhood.

Likewise, the **refurbished building has been integrated into the park** of the José Toubes Square, becoming a place of reference for young people and for the population in general, favouring in turn the improvement of the urban environment and the expansion of cultural, recreational and sporting assets.

Another objective achieved is the **full accessibility** of the building to favour its use by all groups thanks to the installation of a lift and the elimination of architectural barriers, facilitating access by means of a ramp at the main entrance.

4. CONTRIBUTION TO THE RESOLUTION OF A PROBLEM OR WEAKNESS DETECTED IN THE TERRITORIAL AREA OF IMPLEMENTATION.

This action has resolved the **lack of access to public premises for young people and informal groups** of citizens, enabling them to program their activities autonomously through a model of self-management of the space.

Since the "Remanso" cafeteria ceased its activity, the building gradually deteriorated with damage that could affect the structure and its stability, as well as causing nuisance to the neighbours of the district due to its state of abandonment. Besides, there was no physical space in the neighbourhood where young people

could develop social activities. Thus, in order to solve the lack of access to public premises for young people, it was decided to refurbish the building and provide it with public uses. In addition, the building lacked air conditioning, energy efficiency systems, and was not accessible for people with reduced mobility.

This recovery made possible to create a new facility to offer quality public services necessary for youth such as living rooms, work rooms, rehearsal rooms, wi-fi, activity programs, games, creative materials and technological equipment. In addition, a multi-purpose room has been added to the building where users can manage the activities they design and plan by themselves.

On the other hand, in order to meet the needs of the users, a wide and flexible timetable has been established. From Monday to Friday it is open in the afternoon, from 17.00 to 22.00 hours; and also in the morning on Wednesdays and Fridays, from 11.00 to 14.00 hours. On Saturdays and public holidays, the morning opening hours are from 11:00 to 14:00 and the afternoon opening hours are from 17:00 to 22:00.

In this way, the new youth centre houses various public services that previously could not be offered due to the lack of adequate physical infrastructure.

5. LEVEL OF COVERAGE OF THE TARGET AUDIENCE.

The action benefits the entire population of A Coruña, made up of 248,306 inhabitants, according to data from the municipal census of August 2022, as the recovered premises are located in a neuralgic point of the city. The building is located between the bus station, the train station and Avenida de Alfonso Molina, which is one of the main communication arteries of the city.

On the other hand, the action has a direct impact on the entire young population of the city, i.e. 42,276 people between 12 and 30 years of age. Furthermore, in the district of Cuatro Caminos (District 3 of A Coruña) the census register amounts to 25,534 people (11,361 men and 14,173 women), of which 4,066 people between 12 and 30 years old (2,008 boys and 2,058 girls) are direct beneficiaries of this action.

6. CONSIDERATION OF THE HORIZONTAL CRITERIA OF EQUAL OPPORTUNITIES AND NON-DISCRIMINATION, SOCIAL RESPONSIBILITY AND ENVIRONMENTAL SUSTAINABILITY.

Regarding the compliance with the horizontal principles of **equality and non-discrimination**, the project complies during all its phases (preparation and execution) with the regulations for the effective equality of women and men, and with the obligations on the promotion of equality and non-discrimination on grounds of sex, race or ethnic origin, religion or beliefs, disability, age or sexual orientation, complying with the Equality Plan of the Municipal Staff of the City Council of A Coruña and with all the specific regulations on the subject. It also complies with the protocol for action in cases of sexual, moral and gender-based harassment of the City Council of A Coruña.

In terms of **accessibility**, the building has become a fully accessible space thanks to the installation of several elements: the lift, the access ramp, accessible toilets, visual and tactile signposting strips in a colour contrasting with the pavement, waiting areas with fixed seating and accessible service points.

In **environmental terms**, the design and construction phase was focused on the use of low- consumption LED lighting and local, recycled and recyclable materials to reinforce its sustainable character. In addition, the façade has been restructured with large windows to take advantage of the exterior light throughout the main floor, as well as a skylight that naturally illuminates the basement hall, thus reducing electricity consumption.

7. SYNERGIES WITH OTHER POLICIES OR INSTRUMENTS OF PUBLIC INTERVENTION.

The action establishes synergies with other public interventions as it has reinforced the performance of other funds and has contributed to enhancing the positive aspects of these funds.

Firstly, it is directly related to the public policies of the Department of Equality, Social Welfare and Citizen Participation, highlighting, among others, the Network of Municipal Youth Information Services aimed at young people in the city, mainly between the ages of 12 and 30, to whom it provides the necessary information to achieve their active and responsible participation in society. It also aims to enable equal opportunities and facilitate the transition to adult life, to be a catalyst for the interests and demands of the youth of A Coruña and to become a permanent observatory of the interests, needs and initiatives of young people, being able to draw conclusions of interest for the planning of actions of the various municipal entities. Some of the most important programs currently in place are:

NOCTURNIA PROGRAM: is a healthy leisure program for young people aged 12 to 30, funded by the Ministry of Health, Social Services and Equality through the National Plan on Drugs. This program conceives a new use of free time, understood as a free, healthy and enriching experience. The program is distributed throughout the year in two annual editions, from February to June and from October to December, with space for the design, planning, debate and evaluation of each edition. All the information is published on the municipal website: www.coruna.gal/juventud/es/nocturnia

ANTENAS DE INFORMACIÓN XUVENIL (AIX): The Youth Information Spaces of the City Council of A Coruña, have during the school year with a set of small branches in public and subsidised centres with ESO and baccalaureate called Red AIX. Each AIX has a bulletin board, from which information of interest to young people is disseminated: music, theatre, sports, cinema, competitions, etc; weekly information updates by the Youth Information Centres, digital channels of interest to young people and, most importantly, a person or a group of people called "antennas" who constitute a permanent link with the Youth Information Centres. In addition, the municipal website dedicates a space to this network at the following link: www.coruna.gal/informacionjuvenil/es/conocenos/espacios-programas/antenas-de-informacion-xuvenil-aix

The Coruña SUMA Project, co-financed by the ESF and promoted by the Innovation, Employment and Trade area of the City Council of A Coruña, is also disseminated through the AIX Network. The aim of the project focuses on improving the labour insertion of people at risk of social exclusion through activation and integrated and personalised insertion itineraries and the holding of informative activation workshops and the exchange of experience and good practices. It also has its own space on the municipal website: www.coruna.gal/empleo/es/coruna-suma

Public policies on youth are very dynamic and constantly adapt to the needs of this segment of the population. In addition, there are currently other programs such as "Ti Elixes" for university and professional guidance, the "Resource Box" which makes technology and resources available, the "Travel Library" for the loan of travel guides, the "Advice Service", rehearsal rooms, talks on employment, training, etc. This information is available on the following website: www.coruna.gal/informacionjuvenil

On the other hand, it is related to the refurbishment and equipping of the **Metrosidero Warehouses**, a set of indoor and outdoor spaces that were recovered for a multipurpose and integrating use for young people and citizens in general. The project consists of three halls: the urban sports practice hall, the learning and workshop hall, and the activities and rehearsal hall. The exterior is equipped with gardens, bicycle parking, versatile and mobile furniture, internet connection, and even a space for urban gardens and composting. The project has been financed with municipal funds and its equipment is eligible for co-financing from the Next Generation European Recovery Fund.

It is also related to other actions of the SUD Strategy of A Coruña, co-financed by the ERDF, such as the construction of a **skate and multisport track** in the park located in the same José Toubes square. This action responds to the demand for spaces enabled for the practice of urban sports, such as skateboarding, bmx, scooter, roller and basketball, so that the practice of them does not pose a nuisance to other citizens and also has adequate characteristics of safety and suitability of the structures. Moreover, as it is located under a viaduct, it is the first covered space in the city for the development of urban sports. This action complements the "El Remanso" youth centre with a space to practice sports activities as a tool for social

transformation that transmits values such as teamwork, perseverance, effort, self-improvement and the integral development of people, especially young people.

The project has a surface area of 1,504 square metres, of which 400 will be used for the skateboarding area and another 361 for the sports court, which will also include benches. The space will be completed with a 176 square metres pedestrian square, pavements, landscaped area and a new pedestrian crossing on Fernando Rey street with a traffic light system. The multi-sports area will be adapted for basketball practice, with six baskets that will allow the court to be divided into several playing fields.

Finally, it should be noted that this action contributes to sustainable and integrated urban development, transforming a parking area into a place adapted for sports practice that can also be used as a meeting place.

In addition, synergies are generated with the **promotion of mobility on foot, through accessibility solutions and diversification of means of mobility and transversal permeability on city roads, as well as the provision of pedestrian routes**. As part of this action, Mariscal Pardo de Cela street, located in the same district, has been pedestrianised and fitted with a cycle lane to promote sustainable urban mobility and traffic calming in the area.

The action is also related to the **extension and improvement of the public bicycle lending service BICICORUÑA**, which incorporates 514 new bicycles, 172 of which are electric and 342 mechanical. The vehicles have 990 parking spaces in 55 stations with a minimum capacity of 15 spaces. This action promotes sustainable and integrated urban mobility for all citizens and also creates an occasional or tourist mode, so as to respond to the demand of people visiting the city.

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